

The Coastal VOICE

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2 tickets to Hellyer College The Addams Family, or
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Music and Lyrics by
Andrew Lippa

Based on Characters Created by
Charles Addams

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1976 - 2026

Growing and Sharing



By David Robinson

The Coastal Voice is expanding! Our support for Spirit FM and their development of a North West Coast community audio station is a major step forward for local connection, local identity, and local storytelling.

Stories that begin in the paper can continue on radio through interviews, conversations, and community updates.

In the same way, interviews and on-the-ground activity from Spirit FM can come back into the paper, giving important local voices another way to be heard.

This two-way flow between print and radio is what community media should look like: practical, connected, and genuinely local. It feels like a pivotal moment for The Coastal Voice. We are growing from a newspaper into a broader platform for community voices, and we are excited about what that means for people right across our region.

The next six months will be about growth and sharing. We will keep building stronger links between community groups, local organisations, volunteers, businesses, and residents, so that good work happening across the coast is easier to hear, read, and support.

Huge thank you to Brian Shearston for his passion to continue providing to the area. And a thank you to our sponsors and future sponsors. Your support gives us the confidence to grow and the ability to keep investing in local media that belongs to the community.

Community Connection Through Winter



By Alicia van Ek

Winter has certainly settled across the Coast. The shorter days, cooler temperatures and steady rain can make it tempting to retreat indoors, but this month's stories are a reminder that our communities continue to thrive, even during the quieter season.

Over the past few weeks, I've had the privilege of attending a number of events that highlight the strength of our region. One stand out for me

was the Tasmanian Business Conference in Devonport, where the importance of connection was a recurring theme. Read more about this on page 23. There is a real sense of momentum and optimism across the North West.

I was also deeply moved by the recent memorial service for Constable Keith Smith and the naming of Keith Smith Lane in Ulverstone. It was a fitting tribute to a man whose service and sacrifice continue to be remembered by the community he helped protect.

As we approach the end of the financial year, many businesses and organisations are reflecting on the year that has been and planning for what comes next. It's also a great time to think about how you connect with your audience. One of the most effective ways to build awareness is by combining advertising with a genuine community story. If you'd like to share your organisation's news, achievements or upcoming plans, we'd love to hear from you.

This month's cover story celebrates 50 years of Hellyer College — a milestone that reflects the impact education has had on generations of North West Tasmanians. Wherever winter finds you this month, take the opportunity to recharge, reach out and stay connected. There are plenty of inspiring community stories and events waiting to be discovered.

Thank You from River

River Walker would like to sincerely thank everyone who donated equipment and supported his interest in technology following his recent story in The Coastal Voice. The response from the community has been fantastic, and the donated items are helping River learn more about computers, electronics, and technology. Thank you to everyone who has contributed and encouraged his journey.

Cover image: Members of the Spooky Cast (from left) Paige Hook as Grandma Addams, Montayah Rigby as Wednesday, Bronte Morey as Morticia, Baydan Corona as Gomez, Suzanna Weekes as Pugsley and Tanner Wilson as Uncle Fester.

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are on.

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Celebrations

Leven Scouts Celebrates Outstanding Achievements

By Eunice Horne, District Coordinator for Leven Scouts

Leven Scouts members have recently been recognised for their outstanding commitment, leadership and service to Scouting and the local community.

Ben Deer, of Gunns Plains, received an award recognising his services to Rover Scouts, while Robert Milnes was awarded Life Membership in recognition of his many years of dedication and contribution to the Scouting movement.

The district is also proud of Scouts Ella Mather-Norris and Sienna Gibson, who are currently working towards their Australian Scout Medallions – the highest award available to Scouts aged 12 to 15 years. Achieving the award requires significant commitment across leadership, personal development, community involvement and outdoor adventure activities.

Leven Scouts congratulates Ben and Robert on their well-deserved recognition and wishes Ella and Sienna every success as they continue their journey towards Scouting's highest youth award.



Hellyer College Presents The Addams Family Musical

By Hellyer College Student Paige Hook

In celebration of our 50th anniversary, Hellyer College is proud to present The Addams Family Musical! A kooky whirlwind of secrets, chaos and a healthy dose of macabre charm, join the whole school in stepping into the wonderfully spooky world of Wednesday Addams as she navigates falling in love with a "normal" boy and the resulting family reactions.

Featuring a talented cast made up of students from Year 11 and 12, The Addams Family Musical unites the college community and provides valuable practical experience for students in a wide range of subjects, including tourism students as ushers, construction students as set builders, technical theatre students managing all technical aspects

of the show from stage management to costume design and salon students managing hair and make-up.

Director Kate Parker said the musical team was excited to share this show with North-West audiences at Burnie Arts this August.

"We have all been having a wonderful time working on this show," she said.

"It has brought people from all across the college community together in a really fun way."

Hellyer College's production of The Addams Family will be held at Burnie Arts from August 7-15. Tickets available from www.burniearts.net

Hellyer College Celebrates 50 Years

By Kate Parker, Hellyer College

This year marks a significant milestone for one of North West Tasmania's most recognisable educational institutions, with Hellyer College celebrating 50 years of providing quality education and creating opportunities for generations of students.

Established in 1975, Hellyer College first opened its doors under the planning title of Burnie Matriculation College. With an inaugural enrolment of 332 students, classes initially operated from Burnie High School while construction of the new campus on Mooreville Road was completed.

In February 1976, staff and students packed up equipment and made the long-awaited move into the purpose-built facilities, with classes officially commencing on the new site on 19 February. Later that year, on 5 November, the college was formally opened by the then Minister for Education, Recreation and Federal Affairs, the Hon. N. L. C. Batt MHA.

Over the past five decades, Hellyer College has become an integral part of Tasmania's educational landscape, preparing thousands of young people for further study, careers and life beyond the classroom.

The college proudly carries the name of explorer and surveyor Henry Hellyer, who arrived on Tasmania's North West Coast in 1826 as part of the Van Diemen's Land Company. Over six years, Hellyer explored and mapped much of the rugged and largely uncharted region.

The College's much-loved mascot, Chanti the rooster, also has a fascinating history. In 1975, Henry Hellyer's great-great-nephew, Mr Cedric Hellyer, visited Tasmania to present Henry Hellyer's diaries and original manuscripts to the Tasmanian State Library. During his visit, Cedric and his wife became the first official guests to attend a Hellyer College assembly while the college was still operating from Burnie High School. They also toured the future Mooreville Road campus while it was under construction.

After returning to Canada, Cedric sent a painting of the Hellyer family coat of arms, inspiring a local committee to create a college emblem. The original design featured a rooster, or "chanticleer", symbolising courage, stars representing spurs and a chevron signifying achievement.

By late 1976, renowned Tasmanian artist Kit Hiller completed the design, adding a wreath of native Tasmanian Blueberry Flax Lily, a plant familiar to Henry Hellyer during his explorations.

Today, Chanti the rooster remains a cherished symbol of the College, while Chanticleer continues as the title of the annual yearbook.

As Hellyer College celebrates its golden anniversary, it does so with a proud history and a strong reputation for academic excellence, innovation and community connection. Fifty years on, the College continues to inspire students to explore new possibilities and shape the future of Tasmania's North West.



FROM YOUR LOCAL COUNCIL

Mayor's Message - Devonport City Council



What do 2,300 footballers, a brand-new retail concept, twenty new Australians and the transformation of a city street have in common?

They're all part of a bigger story unfolding in Devonport. A story about a city that continues to back itself.

Over the past month, Devonport welcomed thousands of players, families and visitors for the Devonport Cup. Across four venues and twenty soccer grounds, young athletes competed, friendships were formed and our city once again demonstrated its ability to host major events that deliver real benefits for the community.

For local businesses, accommodation providers and hospitality operators, the influx of visitors provided a welcome boost. For our Parks and Reserves Team, it was the culmination of weeks of preparation, including more than 9,500 metres of line marking to ensure every ground was match-ready.

The numbers are impressive. What they really demonstrate is Devonport's ability to deliver. We have the facilities, the people and the ambition to bring major events to life — creating experiences that benefit our community and showcase our city to visitors from across Tasmania and beyond. That same mindset is driving exciting change in the city centre.

This July, the Rooke Street Mall will welcome a new pop-up retail space designed to give businesses an opportunity to test ideas, launch products and connect with customers in a fresh way. It's a simple concept with enormous potential — creating new reasons for people to visit the CBD while helping local businesses grow.

At the same time, Stewart Street is preparing for its own transformation. These works aren't simply about replacing roads and footpaths. They're about creating a city centre that is safer, more accessible and better suited to the way people live, work and move today. Every improvement is another step towards a more connected and contemporary Devonport. Growth isn't measured only in buildings and infrastructure. Sometimes it's measured in people.

Last month, we proudly welcomed twenty new Australian citizens to Devonport. Each brings their own story, experiences and aspirations, adding to the rich fabric of our community.

Together, these moments tell us something important. Devonport is growing. We're investing. We're creating opportunities. Most importantly, we're doing it with confidence.



Because the future of Devonport isn't something that's happening to us. It's something we're building ourselves. And if the past few months are any indication, the best chapters of Devonport's story are still ahead of us.

Mayor Alison Jarman

Mayor's Message - Burnie City Council



There is something exciting happening in Burnie at the moment. Across our city we are seeing investment, opportunity and community energy coming together in ways that continue to strengthen our future. Whether it is major infrastructure projects, significant events or new community initiatives, there is a real sense of momentum building across Burnie.

This month, Council will consider its Draft 2026-27 Annual Plan and Budget, a document that reflects not only where we are today, but where we want Burnie to be tomorrow. The proposed budget delivers a \$29.4 million capital works program while maintaining a strong focus on long-term financial sustainability. It includes significant investment in roads, stormwater infrastructure, sports facilities, disability access improvements, aquatic centre upgrades and projects that will continue to revitalise our CBD and waterfront. Importantly, this budget has been carefully developed to balance the financial pressures facing households while ensuring Council can continue delivering the services, facilities and infrastructure our community relies upon every day. One initiative I am particularly pleased to see continue is the decision to maintain a 0% rate increase for CBD properties for the second consecutive year. Supporting investment and activity within our city centre remains a priority as we continue working towards a vibrant and thriving Burnie.

While budgets are important, cities are ultimately built by people and experiences. That is why I am thrilled to share that Burnie has secured a three year agreement to host Targa Florio from 2027 through to 2029. A couple of years ago, I made a phone call to Targa Tasmania CEO Mark Perry because I genuinely believed Burnie was ready to once again embrace an event of this calibre. Today, that vision has become a reality. From 16 to 18 April 2027, Burnie will become the home base for one of Australia's most iconic motorsport events, attracting competitors, crews, supporters and visitors from around the country. Alongside the competition itself, our city will host free public events including Targafest in the heart of Burnie. Events of this scale provide a significant boost to local businesses, accommodation providers, hospitality venues and retailers. Just as importantly, they create excitement, pride and opportunities for our community to come together and showcase everything that makes our region special.

At the other end of the scale, but equally important, are the grassroots initiatives that bring life, colour and activity into our city centre. One such event is Second Glance, a new second-hand clothing market coming to the Burnie Arts Plaza on Saturday 25 July 12pm - 4pm. Delivered in partnership with City Mission North West Tasmania, Second Glance is all about giving quality clothing a second life while encouraging sustainable fashion, reducing waste and creating a fun community experience. It is also another opportunity to activate our beautifully renewed Burnie Arts precinct and encourage people into the heart of our city.

Taken together, these projects tell an important story about Burnie. We are investing in the foundations that keep our city running. We are securing major events that generate economic opportunity. And we are creating spaces and experiences that bring people together and strengthen community connection. As we continue our journey towards Burnie's bicentenary in 2027, I remain incredibly optimistic about what lies ahead. There is much to be proud of, and even more to look forward to.

Mayor Teeny Brumby



FROM YOUR
LOCAL COUNCIL



Mayor's Message - Central Coast



Many people would know that on 16 June our community gathered with Tasmania Police to mark 12 months since Constable Keith Smith was taken from us here in Ulverstone. It was a beautiful and deeply moving service, with Keith's family, friends, colleagues, first responders and members of the wider community coming together to remember him, honour his service and stand alongside those who continue to feel his loss so deeply.

As part of the service, Council was able to share a lasting tribute from the Ulverstone community, with the laneway between Victoria and King Edward Streets now named Keith Smith Lane. It is a lane many people will know, connecting the Ulverstone Police Station with nearby eateries and coffee shops, and it is a stretch Keith travelled often. A name known and loved by his family, colleagues and friends will now be forever known in this place. Next time you are in Ulverstone, I encourage you to look for the sign, take a moment, and remember Keith, his service and the local police officers who continue to serve our community each day.

With winter now here, I also want to acknowledge the important work happening locally to support people who do not have a safe, warm place to sleep. Council has been working with the Combined Churches of Ulverstone for some time to support the establishment of a Winter Shelter, with four local churches offering overnight spaces for people who might otherwise be sleeping in cars or on the streets. This is a practical and compassionate response to a need that is often largely hidden from view.

We know that homelessness and housing stress can affect people in many different circumstances, and winter can make an already difficult situation even harder. A safe place to sleep, a warm welcome and a little support can make a real difference. I sincerely thank the churches and volunteers who have committed their time, facilities and care to make this program possible. Central Coast is proud to help pioneer this program in Tasmania, and it is another example of what can happen when people work together with kindness and purpose. The Combined Churches of Ulverstone would be pleased to hear from anyone who can offer their time, skills or support to the Winter Shelter. Enquiries can be made by emailing ulverstonews@gmail.com.

As we move through the colder months, please take care of yourself and those around you. Check in on neighbours, friends and family, particularly those who may be older, unwell or living alone.

Stay safe and, if you are not well, please stay home.

Until next time.

Mayor Cheryl Fuller



UPCOMING
MEETING DATES

 Monday 27 July 5.30pm	 Tuesday 28 July 7pm	 Monday 20 July 6pm
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YOU'RE INVITED TO A
COMMUNITY CONVERSATION

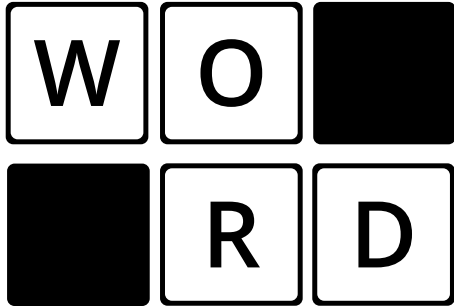
Got an idea, question or concern? Drop in for a chat with Councillors and staff.

SPRENT Community Hall Feb 26 10:00am	TURNERS BEACH Bowls Club Mar 25 6:00pm	SOUTH RIANA Memorial Hall May 28 10:00am
ULVERSTONE Gnomon Pavillion Jun 25 6:00pm	PRESTON Community Centre Jul 30 10:00am	PENGUIN Surf Life Saving Club Aug 27 6:00pm

Light refreshments provided. No bookings required.
www.centralcoast.tas.gov.au/conversations

CENTRAL COAST COUNCIL

Puzzles



Solve the Crozzle to be in the draw for:

2 Tickets for Hellyer College
The Addams Family

June Crozzle Solution
GUARDS

Winner
Judy Lee
won a copy of Crumbleton
Farm – Recipes for Life

N I U G N E P R O L L T L G
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R L I S T E L B A T U A H S
O A T K H T R O F R N H T T
C R E V I E C E R A I A R F
K E K O D N A M R I F W A E
E H C N E T D R O N O K I L
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E T R A P O C R E A M A E E
N A C N U N K T B D T B R S
G W A R A T A H R O S E Y U
Y S T A N D A R D O W N R O
C O A C H M S Y R U C R E M

How to enter: Email or message your name and phone number along with the Crozzle answer before the 16th of July to editor@thecoastalvoice.au
The winner's name will be published in the August issue.

- | | | | | | | |
|--------|-----------|---------|---------|----------|------------|-----------|
| Bank | Court | Eagle | Left | Novel | Row | Tinderbox |
| Bark | Cream | Fat | Light | Organ | Seal | Tomahawk |
| Bear | Cricket | Forth | Logs | Penguin | Shearwater | Trailer |
| Bite | Cygnets | Gear | Loot | Receiver | Snug | Trap |
| Bridge | Dates | Herald | Mercury | Rocket | Standard | Uniform |
| Coach | Detention | Hide | Mouse | Roll | Strain | Waratah |
| Court | Down | Kindred | Nook | Rose | Tablets | Watch |



HIDDEN PICTURE

Find the HIDDEN picture somewhere in the paper to be in this month's draw to win:

\$50 Little Riva Voucher



June Winner:
Anthea Carins

won a copy of
Crumbleton Farm –
Recipes for Life

How to enter: Email or message your name and phone number along with the page number before the 16th of July to editor@thecoastalvoice.au
The winner's name will be published in the August issue.



Crozzle Instructions: Each word will be straight, not bent, but may go in any direction — up, down, left, right, or diagonal. Most words are joined to another word by at least one letter, so any letter may be used in more than one word. Circle the words in the graph as you find them. When all the words in the list are circled, there will be letters left over. Starting from the top line, travel left to right on each line and write these unused letters on the underscores below to discover the solution.



BONUS PUZZLE! 4X4 SUDOKU

To solve a 4x4 Sudoku, fill each row, column, and 2x2 box with numbers 1 to 4 without repetition. Use given numbers as clues and apply process of elimination. Happy puzzling!

	1		4
2		3	

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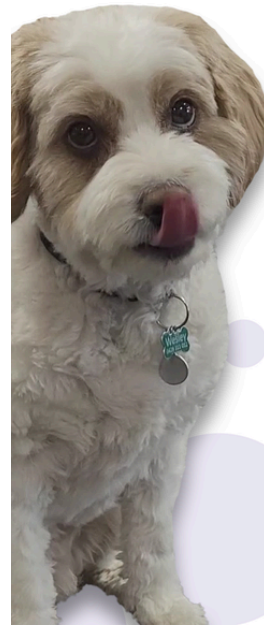
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✓ **LAMINATING**

✓ **FRAMES**

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Can you help us trial a new recycling bin latch?

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cradle coast
waste management group



*Numbers are limited and participants agree to complete a user survey in September

"The latch is designed to keep your lid closed until it is released automatically when the truck flips the bin to empty it"

The Cradle Coast Waste Management Group wants to know how well they do what they say they'll do.- can you help?

Disney Theme for Winter Collectors Fair Devonport Stamp and Collectibles Club

Collectors, families, and Disney fans alike are invited to the Devonport Stamp and Collectors Club's Winter Fair at the Latrobe Memorial Hall on Saturday 4 July.

Running from 9.30am to 2.30pm, the fair will feature a wide range of collectables including stamps, coins, militaria, badges, vinyl records, CDs and DVDs. Admission is \$2 for adults, with children admitted free.

This year's fair has a Disney theme, celebrating the spirit of 4 July festivities. Visitors can enjoy a special display of Disney stamps, and may even spot some volunteers dressed as their favourite Disney characters.

Whether you're an experienced collector, searching for a unique treasure, or simply looking for a fun day out, there will be something for everyone to enjoy.

Nominations Open for 2026 Tasmanian Volunteering Awards

Tasmanians are being encouraged to shine a light on the volunteers, organisations and community groups making a difference, with nominations now open for the 2026 Tasmanian Volunteering Awards.

Organised by Volunteering Tasmania, the annual awards celebrate the individuals, groups and organisations helping to build stronger, healthier and more connected communities across the state.

Nominations will remain open until 15 July 2026, with winners to be announced at a ceremony at Hobart Town Hall on Friday 18 September 2026.

Volunteering Tasmania Chief Executive Officer Mel Blake said the awards were an opportunity to recognise the people quietly making a significant impact in communities across Tasmania.

"Volunteers are at the heart of communities right across our state and these awards provide an opportunity to celebrate the people whose generosity, passion and commitment make a real difference every day," she said.

"We know every volunteer contribution matters, whether it's supporting a local sporting club, helping vulnerable members of the community, leading a grassroots initiative or simply giving their time to make life better for others."

Ms Blake said nominations were about sharing the stories behind the people and organisations creating change.

"Some of the most powerful nominations come from genuine stories that bring volunteering to life," she said.

"We encourage people to think about who has gone the extra mile, inspired others or created a lasting impact in their community. It's often the small moments and personal

stories that demonstrate just how powerful volunteering can be."

The awards feature a range of categories recognising contributions across the volunteering industry, from young volunteers and volunteer leaders through to inclusive volunteering and lifetime contributions.

2025 Inclusive Volunteering Award winner and Deepavali Tasmania Chair Ajit Ramadas said receiving recognition through the awards had been a rewarding experience for the organisation and its volunteers.

"Being nominated and recognised gave us a real sense of connection and reminded us that the work we're doing is making a difference in our community," he said.

"It was a proud moment for everyone involved because it showed us that people saw value in what we were doing and acknowledged the impact we were having."

Ms Blake encouraged Tasmanians not to assume someone's contribution was too small to recognise. "People often underestimate the value of what they do, but volunteering creates stronger communities and changes lives in ways that are not always visible," she said.

"If someone has made a difference to you, your organisation or your community, now is the perfect time to recognise them."

People submitting nominations are encouraged to review the nomination guidelines and ensure nominees are aware of and consent to their nomination before submitting an application.

For more information or to submit a nomination visit www.volunteeringtas.org.au



Nominate a volunteer

Nominations are now open for the **2026 Tasmanian Volunteering Awards**. Shine a spotlight on someone making a difference in your community by nominating them.

Go to www.volunteeringtas.org.au/tasmanian-volunteering-awards

Nominations close on July 15, 2026.



Growing Confident and Safety-Savvy Kids

By Crime Stoppers Tasmania Chair David Daniels OAM

Tasmania is one of the safest and most beautiful places in the world to live - and keeping it that way is something we all play a part in, including our youngest community members.

The good news is that most people in our community do the right thing and follow the law. It's only a small number of people who choose to do the wrong thing - but even then, no crime - big or small - is worth the risk or the harm it can cause.

With the school holidays ahead, it's a great time for families to have simple, positive conversations with children about safety, community, and making good choices.

Crime is when someone breaks the law and harms people, property, or the community. Tasmania Police are responsible for keeping our community safe. Police respond to emergencies, attend incidents, and investigate crimes.

Crime Stoppers is another important service, which works alongside police, but in a different way. Crime Stoppers is an independent service that allows members of the community to share information about crime completely anonymously, meaning they don't have to give their name or get directly involved.

While police respond and investigate, Crime Stoppers helps gather valuable information from the community, which is passed on to police to support investigations and help solve and stop crimes. It means people can safely share what they know without fear or hesitation.

Together, Tasmania Police and Crime Stoppers play complementary roles - one responding and investigating, the other helping to collect vital community information. Both rely on the community to stay informed, speak up, and help keep Tasmania safe.

Children won't usually contact Crime Stoppers themselves, but if they see or hear something that doesn't feel right, they should always tell a trusted adult.

Helping children understand safety is key to building their confidence and protecting their wellbeing. It teaches them how to recognise risks and make safe choices.

Teaching children about safety doesn't need to be scary - it can be empowering. By helping kids understand that most people are doing the right thing, while also giving them practical tools to stay safe, we set them up to make positive choices.

Some important messages to share include:

- Stay in groups: There is safety in numbers when playing or walking in the community.
- Avoid strangers: Even if someone seems friendly, children should keep a safe distance and not engage.
- Speak up: Encourage children to report anything suspicious to a trusted adult.
- Be safe online: Remind children not to share personal information, talk to strangers, or ignore anything that feels unsafe.

As children grow, understanding what's safe and unsafe helps them feel more confident in the world around them. By teaching them to trust their instincts, stay aware, and speak up, parents can help build strong foundations for lifelong safety.

When children feel informed and supported, they're better prepared to make safe choices - and help keep Tasmania a great place for everyone. Help young people know what to do in different situations:

- If you feel threatened or unsafe: Move to a safe location as soon as possible. This may be a nearby shop, your home, a well-lit area, or anywhere with other people around.
- In an emergency, where life or property is at risk, call 000 (Triple Zero).
- For non-emergency police assistance, call 131 444.

If you have information about suspicious or criminal behaviour but want to remain anonymous, contact Crime Stoppers Tasmania at crimestopperstas.com.au or 1800 333 000.

Dismal Swamp Revival to Boost Tourism in Tasmania's Far North West

By Tracey Clark

A bold new future is taking shape for Dismal Swamp, with plans underway to transform the iconic site into a vibrant tourism and hospitality destination in Tasmania's Far North West. The redevelopment forms part of the broader Tarkine Experience Hub, an initiative designed to attract more visitors to the region, encourage longer stays and support local businesses and communities.

The Australian Government has committed \$12.5 million to fully fund the project, while the Tasmanian Government will provide project management support and work alongside regional and industry stakeholders through a dedicated Steering Committee.

Tasmanian company Skyscape has been engaged to oversee remediation works, site upgrades and the development of a new concept for Dismal Swamp. Early works will include removing outdated infrastructure, improving safety and accessibility, securing the site and upgrading essential services such as car parking, water and sewerage. The project will pave the way for future investment and the appointment of a new operator through a formal market process, with discussions already underway with potential investors.



The redevelopment also complements planning for the proposed Wave Breaker Cave Experience near Cape Grim, further strengthening the Far North West's appeal as a nature-based tourism destination.

Federal Member for Braddon Anne Urquhart said the project would attract more visitors, create jobs and support local businesses.

"This is exactly the kind of investment our regions need - building on our natural strengths and securing a strong future for our communities," she said.

Community

Monday with a Mission: Giving Back to the Community That Supports Us

By Kerryn Duncan

When my husband Mark Vernon and I opened The Alley Entertainment Centre, we were welcomed and supported by the Devonport community in ways we could never have imagined. From day one, local families, community groups and businesses embraced what we were trying to create, and we have always felt a strong responsibility to give something back.

That desire led us to launch Monday with a Mission, a fundraising initiative that combines fun with community support. Every Monday, The Alley donates \$2 for every strike bowled to Make it Fresh, Devonport's first social supermarket. Through this initiative, our customers can enjoy a game of bowling while knowing that every strike is helping someone in need.

For Mark and I, supporting Make it Fresh was an easy decision. We are passionate about helping people who are doing it tough, particularly those experiencing homelessness or housing insecurity. The cost of living continues to rise, and many people in our community are struggling to find safe and suitable housing.



We believe everyone deserves access to food, support and dignity, and Make it Fresh plays a vital role in making that possible.

What makes their work even more special is that the team behind Make it Fresh also operates Gran's Van, providing meals and support to vulnerable members of our community.

Their volunteers work tirelessly to ensure that people who are less fortunate have access to essential services and a caring network when they need it most.

Our support doesn't stop with Monday with a Mission. At The Alley, we also collect all of our eligible bottles and cans and donate them to Make it Fresh so they can benefit from Tasmania's Recycle Rewards program. It's another simple way we can help them raise funds to continue their important work.

One of the most rewarding parts of Monday with a Mission has been seeing our customers get behind the cause. Many bowlers choose to match our donation, turning a fun time into an opportunity to make a real difference. It's a reminder that when a community comes together, even small actions can have a significant impact.

Mark and I are incredibly grateful for the support we have received from the Devonport community, and Monday with a Mission is our way of saying thank you. We are proud to stand alongside Make it Fresh and Gran's Van in supporting some of the most vulnerable people in our region, and we look forward to continuing this partnership for many years to come. If you would like to support us in this cause, book a game on a Monday and strike it up to support Make it Fresh! Because at the end of the day, a strong community is one that looks after each other.

Central Coast U3A Update

By Alison McArd



"Interdependence is and ought to be as much the ideal of man as self-sufficiency. Man is a social being." -Mahatma Gandhi

There is still time to join U3A as our second semester is about to start. Visit our website <https://tascentralcoast.u3anet.org.au> to check on the programme.

The cost is \$40 which entitles you to attend as many of the sessions as you can fit into your busy schedule, and there are more than 30 different sessions to choose from. 'Core Fitness and Balance' sessions will continue each week of the semester and previous attendees have been very positive with their comments on the benefit of the classes.

There will be a session on the geology of Cradle Mountain as well as one on Gustav and Kate Weindorfer, the heroes of the mountain. Hear about the Chernobyl disaster from someone who was actually there. What do you know about remote area nursing? It's a very different world in those parts of Australia. There are funny stories as well as sad ones.

You can join and pay membership via our website or you can come to a Face-to-Face enrolment at Apex House, 3 Gollan Street, Ulverstone. This will take place on Thursday 16th July between 1.30 and 2.30pm. If you would like more information, give us a call on 0457 411 585 for a chat. You can also check us out on Facebook.

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♥ Come along, grab a bargain and support our church! ♥

Ulverstone Judo Club Grading

By James Saltmarsh

The Ulverstone Judo and Devonport Judo Clubs hosted a very successful grading for junior members.

Ulverstone Club President John Deacon noted the improving skills shown by the juniors and thanked all those involved, in particular, parents and family.

The grading was coordinated by Ulverstone Senior Coach Chris Palmer and supported by coaches from both clubs. In excess of 40 junior judo players demonstrated their skills in front of coaches, parents and friends.

Anyone interested in judo is most welcome to visit the club and view facilities, or call James Saltmarsh 0408 256821.

Introducing the Monthly Wheel!

By Casey Hiscutt MLC

Hi everyone! I'm Casey Hiscutt, your local Independent Member for Montgomery in Tasmania's Legislative Council.

I'm wanting to engage with groups within my community so that I can gain a better understanding of what challenges you are facing, and



importantly also, what victories you are celebrating! This is why I am introducing the Monthly Montgomery Wheel.

Every month I will be giving away a \$200 gift voucher to one of the many non-for-profit or sporting organisations within Montgomery.

Although I am already associated with many clubs and organisations across the region, I'm sure there are many more that I have not engaged with. This is a chance for you to tell me about your club, but to also go in the draw to win a \$200 gift voucher.

All you need to do is send me an email at casey.hiscutt@parliament.tas.gov.au with the following information:

- Your club's name
- The best contact person for the club and their details
- Any regular meeting times (or an invitation to pop in for a chat sometime)
- And add me to any regular newsletters and mail outs.

This is designed for organisations that are primarily based in Montgomery or have a significant number of their members based in the region.

It will only be available to volunteer or not-for-profit organisations, however if you're not sure if your group would fit, send some information through and it will be considered. You will only be able to win once in every 12-month period.

The announcement of each winner will be on my Facebook page and will normally be drawn within the first week of the month. I look forward to engaging more with your club or organisation and good luck with the Monthly Montgomery Wheel!

CASEY HISCUTT MLC **INDEPENDENT MEMBER FOR MONTGOMERY**

Are you part of a community or sporting organisation in Montgomery?
Would you like the chance to **WIN** a \$200 voucher to help your club?
It will soon be time to spin the Monthly Montgomery Wheel, where I'm providing our community and sporting organisations an opportunity for a chance to WIN each month!

☎: 6425 8300 ✉: casey.hiscutt@parliament.tas.gov.au

CASEY HISCUTT MLC **Monthly Montgomery Wheel**

Although I already have several groups I've associated with in the past, I'm sure there are many more I haven't had a chance to interact with yet and I would LOVE to meet more groups doing amazing work in our community.

If your organisation sends me an email with the following information, your groups name will be added to the wheel for a chance to WIN a \$200 voucher each month:

- Club Name
- Best contact person and their details
- Regular meeting times if open to the public (or a time I can pop along and introduce myself)
- Add me to any club newsletter mailouts

For those wondering, here are the T&C's:

- Your organisation must be mostly based in Montgomery, or have a high number of members from the region.
- If an organisation wins a voucher, it will be excluded from the wheel for 12 months.
- This competition is not available to businesses or for-profit organisations.
- Designed for sporting and community organisations, but if your group doesn't fit exactly into these categories, it may still be considered.

Launching of the Spirit FM Streaming Station

By Brian Shearston

Following many hours of work the Spiritfm.au is online. This project in conjunction with The Coastal Voice to keep the NW community informed and entertained with a mixture of local voices (via interviews), music and links to current events on the Coast.

The streaming station has been placed online at spiritfm.au using professional software and broadcasting equipment from a studio near Devonport. It will operate 24/7 with a

collection of music based programs with live shifts to inform the community of local events.

My hope is that the community of the NW will give spiritfm.au their support. Use the Contact Page at spiritfm.au to let our team know how we are going.

Support our local media The Coastal Voice and Spirit FM as this new venture that keeps you informed of what is happening around the NW Coast.

Volunteer Marine Rescue Ulverstone (VMRU)



We have qualified trainers to help those wanting to develop their maritime skills and knowledge or for those wanting to gain commercial qualifications. We are also training Junior members offering a great opportunity for young adults.

Remember in a water or boating emergency to call 000 or use Channel 16 on your boat radio. An emergency button is also on the door at our base at the Ulverstone boat ramp.

The Central Coast is a great place where the ocean provides recreation, tourism, and local industry but there is always a risk when venturing onto the water which is why Volunteer Marine Rescue Ulverstone (VMRU) are on standby to help keep our community safe. We are there to perform retrievals, rescues and searches on the water, but also to offer help and support in non-emergency boating situations as well.

Our volunteer's range in age from 14 to 82 and bring multiple skills in areas including fund raising, office work, computing, navigation, mechanical, radio operators, Deckhands, Masters and training. We operate at the base and workshop in Ulverstone most Sundays from 0900 when we do drills, maintenance, training and boat handling on and off shore with our 2 rescue boats. We are also on call to for emergencies 24/7.

We are currently on the lookout for more volunteers in boating and shore based areas so give us a call on 0400063281, email VMRUlverstone@outlook.com or drop in to the base at the Ulverstone boat ramp on a Sunday morning.

What Is It To Be A Man?

By Geoffrey Curtis

Research suggests the role of men has evolved significantly over recent decades due to increasing gender equality, changes in the workforce and shifting expectations around family life and fatherhood. Traditional ideas of masculinity have broadened, allowing for more diverse expressions of identity, emotion and personal fulfilment.

For some men, adapting to these changing expectations can be challenging. Many still feel pressure to remain strong and self-reliant during difficult times, making it harder to seek help when they are struggling.

Life events such as relationship breakdowns, unemployment, financial stress, declining health or the loss of a loved one can have a significant impact on mental wellbeing.

Some men may withdraw socially, experience depression, turn to alcohol or other substances, or struggle to cope with the changes occurring around them.

Studies have suggested that women are generally more likely to seek support from friends, family members and health professionals during difficult periods. As a result, men can sometimes find themselves facing challenges in relative isolation. Fortunately, there are a growing number of

organisations dedicated to supporting men and encouraging connection, self-awareness and personal growth.

One such organisation is Men with Heart, a Tasmanian not-for-profit group that provides support for men experiencing challenges and those seeking greater purpose and fulfilment in life. The organisation offers small-group support programs and is particularly well known for its three-day personal development workshops.

Recently, I spoke with Leo at the Hive in Ulverstone, one of the organisation's original participants, who has been involved for 27 years. Leo believes many men can become stuck during difficult periods of life and may benefit from opportunities for reflection, support and personal growth. He encourages men to reach out, ask for help and explore what gives their lives meaning.

For those interested in learning more about Men with Heart, an exhibition is currently on display on the second floor of the Hive. Featuring photographs by Paul Hoelen and video stories from men of all ages and backgrounds, the exhibition offers a powerful insight into the experiences, challenges and connections that shape men's lives. The exhibition is open daily until 26 July.

Home Medication Review (HMR)

By Alec Azar

A Home Medicines Review (HMR) is a clinical process that considers your medicines and health, to improve the quality use of medicines and reduce the number of adverse medicines events. HMR referrals can be generated by General Practitioners (GP), Specialist in Pain Medicine, Specialist Physician, Specialist Psychiatrist or Specialist in Palliative Medicine. The patient has a choice of whether this referral is provided to their usual Community Pharmacy (or to another Service Provider, including a sole trader Accredited Pharmacist).

An HMR is a collaborative process between the referring Medical Practitioner, the GP (if this is not the referrer), other members of the Patient's healthcare team (including the patient's usual Community Pharmacy if they have one), Accredited Pharmacist, patient, and where appropriate, a carer.

The HMR interview takes place in the patient's home, where possible, to ensure the effectiveness of the service. If entering the Patient's home is not possible due to either cultural or safety concerns, then a variation can be requested to complete the Interview outside the home.

During the HMR Interview process, the accredited pharmacist will aim to improve the patient's understanding of their medicines.

After the initial Interview, the accredited pharmacist will produce a HMR Report that outlines their findings. The HMR Report aims to improve the referrer's understanding of how the patient is using their medicines and provide recommendations that will assist the referrer and patient in developing a medication management plan. The Report will be provided to the referrer.

If needed, up to two follow-up service(s) can be conducted, with a focus on the resolution of medication-related problems identified at the initial Interview.

Patients are eligible to participate in a HMR if they meet the following eligibility criteria:

- A current Medicare card or DVA card
- They live in a community setting
- They are at risk of, or experiencing, medication misadventure
- The Referring Medical Practitioner confirms that there is an identifiable clinical need for a HMR Service.

A patient is not eligible for an HMR Service if they are currently an in-patient at a public hospital, private hospital, day hospital facility, transition care facility or if they are a resident of an Aged Care Facility. HMR Services are provided at no charge to the patient.



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What your landfill levy makes possible

Every dollar of the landfill levy stays in Tasmania and is reinvested in better waste and recycling services.



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Community repair and reuse programs that keep items in circulation



Tip shops and projects giving pre-loved goods a second life



Upgraded infrastructure so more materials can be recycled



Turning more **food and garden waste** into useful products



Research and planning to find smarter ways to reduce waste



Scan to learn more about the levy and levy funded projects

From 1 July 2026, the landfill levy reaches its final planned rate of 36 fee units per tonne. By using recycling, organics and reuse options, **everyone can help reduce the amount of waste** that goes to landfill.



Digital Tool Targets Safer Diabetes Care in North West Hospitals

By Nigel Tapp and Freya Griffin

A new research project led by Tasmanian Nurse Practitioner Dr Giuliana Murfet aims to improve hospital care for patients living with diabetes, a condition affecting one in four people admitted to health services across the state.

The Diabetes Guidance through Inpatient Triage (DIGIT-D) project is trialling a digital tool designed to identify high-risk patients early in their hospital stay, helping prevent serious but often avoidable adverse events.

“Diabetes significantly increases the risk of harm during hospital admission if blood sugar levels aren’t carefully managed,” Dr Murfet said.

High blood sugar can weaken the immune system and raise the risk of infections, heart disease and kidney problems, while low blood sugar can lead to confusion, falls, seizures and cardiac events. Up to one in three patients may experience unsafe blood sugar levels in hospital, often due to medication changes or fasting for procedures.

The DIGIT-D tool, co-designed with people living with diabetes and healthcare professionals, collects key clinical information at admission and alerts specialist teams to people with diabetes who are needing urgent review during their hospital stay.

“This allows us to prioritise who needs to be seen first and intervene earlier,” Dr Murfet said.

The project, supported by \$27,497 in community funding by Clifford Craig Health Foundation, also aims to improve the patient experience by identifying ways to better support people with diabetes during their stay and empower them in their care.

Dr Murfet, who has worked in diabetes care over three decades, believes the initiative could lead to safer hospital stays across regional Tasmania. “This is about delivering the right care at the right time,” she said.

Mental Health First Aid: Skills That Could Change a Life

Kelly Dernehl, CEO of New Mornings



Most of us know what to do when someone breaks a bone, suffers a burn, or has a medical emergency. But what about when someone is experiencing a panic attack, severe anxiety, depression, or thoughts of suicide?

Mental Health First Aid (MHFA) equips everyday people with the skills and confidence to recognise when someone may be struggling and to provide initial support until appropriate professional help is accessed or the crisis resolves. It is not about becoming a counsellor or therapist. Rather, it is about knowing how to respond compassionately and effectively when someone needs help.

Mental health challenges are more common than many people realise. Chances are that at some point in your life, a family member, friend, colleague, neighbour, or student will experience a mental health difficulty. Knowing how to respond can make a significant difference.

While Mental Health First Aid training provides comprehensive education, there are a few simple things all of us can do when someone appears to be struggling:

- Check in and ask how they are really doing.
- Listen more than you speak.
- Avoid trying to "fix" the problem immediately.
- Encourage professional support when needed.
- Stay connected and follow up after the conversation.
- If someone is at immediate risk of harm, seek urgent professional assistance.

At New Mornings, we are passionate about building a mentally healthy and resilient community. We currently have two accredited Mental Health First Aid facilitators who can deliver both Standard Mental Health First Aid and Youth Mental Health First Aid training for workplaces, community groups, schools, churches, and organisations.

Mental Health First Aid training is practical, evidence-based, and designed to increase mental health literacy, reduce stigma, and help participants feel more confident supporting others experiencing mental health challenges.

If you would like to enquire about upcoming training opportunities, or discuss bringing Mental Health First Aid training to your workplace or community group, please contact New Mornings. Together, we can create a community where people feel seen, supported, and empowered to seek help when they need it.



The Lounge drop in service for women
Grief Support Services
IMPACT Student Mentoring
New Hope Garden
Mental Health First Aid Training
Youth Mental Health First Aid Training

A not-for-profit mental health organisation supporting adults and children in the community, where mental health, wellbeing and resilience thrive.

Contact us today to discuss how we can best support you or your loved ones.

(03) 6411 6212
admin@newmornings.org.au
www.newmornings.org.au



When Caring Changes Everything

By Care2Serve

As an early intervention teacher, small business owner, wildlife carer and mother of three, Rebecca Mackay's days were spent caring for people, animals and family.

But when her husband Lee was diagnosed with stage 4 Hodgkin's lymphoma in 2024, life changed almost overnight. Suddenly, Rebecca found herself taking on the role of full-time carer while trying to keep family life moving.

"For a while there, it looked like absolute chaos," she said. "I was only able to focus on just making sure people were fed and happy and intact and that the bare minimum of things were getting done."

For the family, already living a busy life in a remote area with children and animals to care for, the diagnosis brought a new set of challenges.

"We live in a really rural, really remote place, I have three children and we have quite a busy little farm full of lots of animals," Rebecca said.



"It's very busy here, even on the best of days."

As treatment began, days quickly filled with specialist appointments, hospital visits and uncertainty.

"When things were at their worst it was really challenging with lots of hospital appointments, lots of time spent travelling, things were chaotic," Rebecca said.

For Lee, Rebecca became his constant source of support through months of treatment, hospital visits and uncertainty.

"She drove me to the hospital every appointment," he said. "She'd sit there for eight hours with me during chemo on our little coffee date, drinking our coffee and having our muffin while I got chemicals poured into my veins. She was a lifeline, it was like having an angel on my shoulder."

Now, as Lee continues his recovery, life has begun to settle and Rebecca is starting to think beyond simply getting through each day.

With the help of the Carer Gateway's pre-employment program, she has begun rebuilding the career she put on hold and is looking toward the future once again.

"It's a really big weight off knowing I've got somebody working with me on putting it back together properly," Rebecca said, praising the help she has received through the program.

For Lee, seeing Rebecca return to the work she loves has been one of the brighter moments after a difficult chapter. "The biggest shame about getting sick was taking her away from her work," he said.

"It's really nice seeing her getting back into it now and doing something she wants to do for herself for a change."

World Hepatitis Day, July 28, 2026: Take the Next Step

This World Hepatitis Day, we're encouraging our community to take the next step towards a future free from viral hepatitis.

Hepatitis B and hepatitis C affect hundreds of thousands of Australians, yet many people don't know they have it. Left untreated, viral hepatitis can lead to serious liver disease, including cirrhosis and liver cancer. The good news is that effective prevention, testing and treatment options are available right here in our community.

If you've ever wondered whether you should get tested for hepatitis C, now is the time to find out. Through HepLink Australia, people can access simple and confidential hepatitis C testing pathways and support to connect with care.

For those living with hepatitis C, treatment is easier than ever. Free hepatitis C clinics are available to help people access testing, treatment and support. Today's treatments are highly effective, with most people cured in just a few months. Find clinics at www.tascahrd.org.au

Protection against hepatitis B is also readily available. Many local pharmacies offer hepatitis B vaccination, providing a simple way to protect yourself and your loved ones from infection.

This World Hepatitis Day, take the next step. Get informed, get tested, get vaccinated, or encourage someone you care about to do the same. Together, we can reduce the impact of viral hepatitis and build a healthier community for everyone.



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Join a Brass Band?

The City of Devonport Brass band is always keen to attract new members, whether young or old, novice or experienced. We have members from 8 to 80 years old, and we provide both tuition and an Instrument – all free of charge. If you'd like to learn to play a Brass instrument, we'd love to see you at our next Band practice.

The Band meets weekly on Tuesdays – Our Development Band practices from 6pm to 7pm and is for younger members and those wishing to learn to play. Our Community Band meets from 7pm to 9pm and is for more experienced players who already have some experience.

The Band has performances throughout the year, ANZAC Day and Sheffield SteamFest early in the year, Devonport Jazz festival in July, and a series of events at Christmas including Christmas carolling and the City of Devonport Christmas Parade.

The Band room is on the Corner of Nicholls Street and Gunn Street in Devonport - we'd love to see you there! If you need more information please get in touch by phone: 0437 944 905, or email: devonportbrass@gmail.com



From Childhood Wonder to the Melbourne Magic Festival

By Gareth Bell

Magic has a way of getting under your skin. For me, it started as a child, wide-eyed at a trick I couldn't explain, and it never really let go. A magic set for Christmas, shows performed in a top hat several sizes too big, and so it began.

Later I began taking it seriously: studying sleight of hand, learning the history of the craft, and understanding that great magic is as much about storytelling and connection as the trick itself. That has led to more than two decades performing close-up magic at private parties, annual dinners, and gala events across Tasmania and Victoria.

Close-up magic is an intimate art. No curtains, no stage, no distance between performer and audience, no room for smoke and mirrors.

A borrowed coin, a shuffled deck, a signed card: the magic happens right in front of your eyes, often in the spectators' very hands. The reaction is immediate and genuine, pure astonishment and usually a lot of laughs.

That's why I'm thrilled to have been invited to perform at the Melbourne Magic Festival in July alongside some of the world's finest magicians. It's both an honour and a reminder of how far a childhood obsession can take you.

If you have an event coming up that could do with some extra magic, I don't have a website, bookings to this point have been largely word of mouth, but you can contact me via Instagram @garethmagic or Facebook at Gareth Bell.

Probus Members Enjoy Lunch and Local Theatre

By Ruth Marshall, President Central Coast Probus Club

Members and friends of the Central Coast Probus Club recently enjoyed a wonderful social outing, beginning with lunch at Valentino's before attending a performance of Sunshine on Leith at the Paranaple Arts Centre.

The group was treated to a delicious meal and great company at Valentino's before heading to the theatre for what proved to be a memorable afternoon.

The cast delivered an outstanding performance, showcasing remarkable talent, enthusiasm and depth in their portrayal of the much-loved characters.

The production was both entertaining and moving, leaving a lasting impression on those in attendance.

We are fortunate to have such talented performers within our region, and opportunities like these provide a wonderful reminder of the strength and quality of local arts and culture.





Ulverstone Repertory Theatre Society Inc.



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By Geoffrey Curtis

In last month's Coastal Voice, discussion continued around the proposed clear-felling of 17 hectares of forest in the Dial Range near Penguin.

For readers unfamiliar with forestry terminology, a forest that has never been logged is often referred to as an old-growth or primary forest.

A forest that has previously been harvested but has naturally regenerated over time is generally known as a regrowth or secondary forest.

Clear-felling refers to the removal of most or all trees within a designated harvesting area before regeneration occurs.

The Dial Range has experienced forestry activity over many generations and is generally considered a regrowth forest.

This raises questions for some members of the community about how forests are managed and what impacts logging may have on local ecosystems.

Once an area is selected for harvesting, access roads may be constructed or upgraded to accommodate machinery and transport vehicles. Following harvesting, the landscape can appear dramatically altered, with remaining branches, debris, and damaged undergrowth visible until regeneration begins.

Environmental advocates argue that changes to forest structure can affect plant and animal diversity, particularly where specialised species rely on specific habitat conditions. While a forest begins to regenerate, some believe an ecological area may not always become completely successful.

Supporters of the forestry industry point to the importance of timber production, employment and regional economic benefits, while environmental groups continue to advocate for greater protection of native forests and biodiversity.

As with many environmental issues, the debate highlights differing views about how Tasmania's natural resources should be managed for future generations.



This Month in STEM

By Brittany Trubody

Animals

The European Union has taken another major step in animal welfare by introducing new protections for cats and dogs. The standards establish minimum requirements for housing, nutrition, healthcare, and overall wellbeing. They also require breeders to be registered and meet strict welfare criteria. Through measures such as mandatory microchipping, tighter controls on pet sales, and desexing practices, the EU hopes to significantly reduce the number of abandoned and stray animals over the coming decades.

Environment

The UK-based Magical Mushroom Company has developed a sustainable alternative to polystyrene packaging. Made from a blend of mycelium and hemp sourced from agricultural waste, the material can be grown in as little as seven days. Like traditional polystyrene, it can be moulded into custom shapes, but unlike its petroleum-based counterpart, it is fully compostable and can be disposed of in food waste bins.

Energy

Energizer has introduced a major safety innovation for button batteries with the development of a new titanium-alloy coating. When exposed to air, the coating oxidises and forms a protective barrier. If a battery is accidentally swallowed, this barrier helps prevent an electrical circuit from forming through moisture in the body, reducing the risk of the severe burns that button batteries can cause to the throat and oesophagus.

Infrastructure

Monterey Park, California, has become the first city in the United States to ban the construction of new data centres. Concerned about their high energy and water consumption, as well as their environmental impact, residents voted to prohibit future developments within city limits. The decision highlights growing debate around balancing technological growth with sustainability.

History

A lecturer in early modern literature at Oxford University has uncovered a handwritten copy of William Shakespeare's Sonnet 116 in the Bodleian Library. While examining a collection of manuscripts, the researcher recognised the famous poem but discovered something unusual: annotations added to the first and final couplets. These notes offer insights into interpretations of the work and how context and perspective can cast a varying light over even well known pieces.

Science

Six months into clinical trials, Australian researchers are reporting results that have exceeded expectations in the fight against Alzheimer's disease. Treatments using the drugs donanemab and lecanemab appear to have significantly reduced amyloid plaque build-up in the brain, a key marker of the condition. While the therapies are not suitable for every patient, many participants have experienced meaningful improvements in quality of life. Researchers and advocacy groups are now pushing for the medications to be added to the Pharmaceutical Benefits Scheme (PBS), making them more accessible to Australians living with dementia.

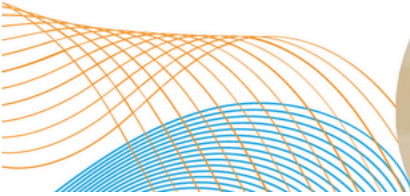
Medical Research Appeal

Please donate prior to 30 June to support local medical research projects like Giulana's diabetes study at North West Regional Hospital.
Donations over \$2 are tax deductible.

cliffordcraig.org.au



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Authorised by A. Urquhart MP, ALP, Shop 9, 22 Wilmot St Burnie, TAS, 7320.

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- ⚙️ **Opened 92 Medicare Mental Health Centres, including in Burnie and Devonport**
- ⚙️ **Taken women's health seriously by listing new contraceptives on the PBS**
- ⚙️ **Delivered record funding for our public hospitals**

Authorised by Senator Josh Dolega, ALP, 1-3 Rooke St, Devonport 7310 TAS



"I asked for help."

I couldn't ask for better support in putting my career back together. Bec, Carer

Bec is an early intervention teacher. When her husband got lymphoma, she put her career on hold to care for him.

Care2Serve connected her with Carer Gateway, who's Pre-Employment Training and Support Service has helped her restart her business.

If you care for someone, Care2Serve can help. Support is free, inclusive and confidential.

Call 1800 422 737 (press 1) or visit carergateway.gov.au



Penguin History Group Annual Exhibition

By Craig Dunham



The Surf Life Saving movement was first formed in Sydney in 1907. It wasn't until after World War 1 that clubs were formed in Tasmania with the North West coast leading the way – Burnie (1921), Devonport (1927), Ulverstone (1928) then Penguin.

Unlike most sports, Surf Life Saving provides an essential public service first and foremost, ensuring the safety of those using our coastal areas.

Over recent months, some members of the PHG have been involved digitising the extensive photographic collection of the Penguin Surf Lifesaving Club; some 1600 photos in total.

They date from the club's inception in 1931 through to the present day and reflect many significant changes.

With access to such an extensive resource, the PHG has focused on the Penguin Surf Life Saving Club for its annual exhibition. This will be on show at the Penguin Railway Station and will incorporate several items of memorabilia.

The exhibition will be officially opened on Sunday June 28th at 2pm. The keynote speaker will be Ken Knight who has the proud record of over 75 years of continuous service to the club.

The exhibition will be open for the remainder of the year at the normal operating times – Monday afternoon 2-4pm, Wednesday morning 10 - noon, Wednesday evening 7-8pm or by special appointment (Contact Craig 0418559224).



Monday Mornings
9-10.30am

BYO little people's morning tea for a snack at story time



90 minutes of fun and connection
- activities, toys, stories, singing -
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The Penguin History Group invite you our latest exhibition. This year we are focusing on the Penguin Surf Lifesaving Club, with photographs, artifacts, uniforms and hopefully many memories sparked.

Sunday June 28th

The Penguin History Rooms (Railway Station)
The exhibition will be on view until December 2026.

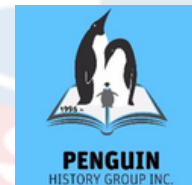
Monday afternoon 2pm-4pm

Wednesday morning 10am-12pm

or by appointment for other times.

Craig 0418559224

Sue 0447257413



Nautical Curiosities

By Geoffrey Curtis

Why would someone spend six months walking across the exposed seabed between Tasmania and mainland Australia? What is the connection between the famous ketch Julie Burgess and one of the region's most intriguing maritime stories? For those with a curious mind or seeking answers, Devonport's rich maritime history is waiting to be explored.

Long before modern transport networks, ships and boats provided the fastest and most efficient means of moving people, livestock and goods. It is no surprise, therefore, that many settlements across northern Tasmania, including Devonport, Port Sorell, Ulverstone and Wynyard, developed around waterways and ports.

Timber, coal, fish and agricultural products were regularly transported across Bass Strait, helping to shape the region's growth and prosperity. However, these journeys were not without risk. Shipwrecks, storms and navigational challenges claimed many vessels, cargoes and lives over the years. To improve safety at sea, innovations such as lighthouses, signal systems and the telegraph became essential tools for communication and navigation.

Visitors interested in learning more can explore the Bass Strait Maritime Museum in Devonport. Open daily from 10 am to 3 pm (please check the website for public holiday trading).

The museum showcases the region's maritime heritage through photographs, artefacts, shipbuilding tools, model ships and interactive displays, including a ship simulator. Recent additions include exhibits exploring the maritime history of Tasmania's First Nations peoples, along with a range of donated historical collections that provide further insight into life along the coast. The museum welcomes individuals, schools and tour groups, offering visitors the opportunity to immerse themselves in stories of exploration, trade, shipwrecks and innovation that helped shape our region.

Whether you're a history enthusiast or simply looking for something different to do on a winter's day, the Bass Strait Maritime Museum is well worth a visit. For more information, visit the museum website or contact the museum directly.

100 Years Apart, Ulverstone Keeps us Together

By Sam Watson

History has a funny way of repeating itself. In 1925, a young man from Ulverstone, schooled at Sacred Heart and the son of a builder, set sail for Oxford as Tasmania's Rhodes Scholar. His name was Roland Wilson. One hundred years later, in 2025, having also grown up in Ulverstone, attended Sacred Heart, and been the son of a builder, I flew to Oxford as Tasmania's Rhodes Scholar. I may be the second Rhodes Scholar from Ulverstone, but this is a call-out for the next. No matter where you're from, this life-changing opportunity is for you.

The world looked a little different when Roland made that voyage, yet many of the events that punctuated his life feel eerily familiar. Australia was in its "confident years": radio broadcasts were just beginning, cars facilitated growing suburbs, and both the Sydney Harbour Bridge and Parliament House were taking shape.

When Roland arrived at Oxford, they did not recognise his commerce degree from the University of Tasmania. As a result, he first completed a diploma in economics and political science. An early essay on social and economic experiments won him the prestigious Beit Prize in Colonial History, along with permission to enrol in a Doctor of Philosophy. He completed a doctorate at Oxford, then another in Chicago, both examining how a country's economy is affected by borrowing from overseas.

What followed was a career that helped steer Australia through some of its most defining decades. He served as Commonwealth Statistician, then as Secretary of the Department of Labour and National Service, overseeing post-Second World War reconstruction planning, before becoming Australia's longest-serving Treasury Secretary. After nearly sixteen years shaping the nation's post-war economic architecture, he stepped down and went on to chair both Qantas and the Commonwealth Bank.

Sir Roland Wilson's impact on modern Australia cannot be overstated. It is little wonder he earned a reputation as the most powerful public servant in the country. Beyond a few coincidences and a shared academic interest in economics, I won't pretend my path looks much like Sir Roland's, or that I expect to leave anything like the same mark. What I keep coming back to are the parallels between his world and ours.

He left in 1925, with the post-war order newly rebuilt and a cautious optimism in the air. Yet the ground beneath it was unstable. A depression, and then another war, lay on the horizon.

The great question of his era was how to build stable, resilient economies in a world that would not hold still.

Nothing about today feels still. The parallels are uncomfortable. The post-war international order that Roland helped build is being abandoned. Australia's current fuel situation is something Roland would have understood well. During the Second World War, amid petrol rationing, he built his own electric car from junkyard scraps, reaching a top speed of 32 km/h and a range of 64 km. Perhaps the issue that has changed most since his time is the emergence of climate change, and the threat it poses to our homes, food sources, economies, and daily lives.

In the face of these challenges, the response cannot be despair. Roland's era looked just as daunting from the inside, yet Australia, and the world, came through it. That happened in part because people took the problems seriously enough to prepare themselves. That must be our focus now.

The problem I am taking seriously is climate change. That is why I am here at Oxford studying how businesses contribute to causing and hopefully preventing it. I hope to help bridge the gap between business and government to facilitate rapid decarbonisation. Whatever problem you are passionate about, a Rhodes Scholarship is something you should consider.

There is no single type of Rhodes Scholar. Roland came from a state school and did not speak Latin or Greek. At the time, that was enough for his suitability to be questioned, so much so that he considered withdrawing to work at the Cadbury factory. Stern advice about the meaning of "moral courage" from a selection committee member convinced him. Australia is a lot richer for that decision, although perhaps not sweeter.

If you are a university student or recent graduate and have wondered whether something like this could be for you, it might be. If you know someone who you think could be Tasmania's next Rhodes Scholar, please pass this on. Applications for the 2027 Tasmanian Rhodes Scholarship are now open and close on the 11th August 2026.

The Rhodes Scholarship is the world's oldest international scholarship, covering course fees, a living stipend, flights, and a range of support at the University of Oxford and beyond.

The application process and eligibility criteria are available here: www.rhodeshouse.ox.ac.uk/scholarships/applications/australia/

More Than Property Management: My Story Behind Storied Homes

By **Samantha Lyndon**

Travel has always been one of my greatest passions. While raising a family meant travelling further afield became less frequent, it gave me the opportunity to rediscover Tasmania and all the incredible places, people and stories that make our island so special.

Before having children, I enjoyed a rewarding corporate career in finance. As short-stay accommodation platforms such as Airbnb grew in popularity, I saw an opportunity to combine my professional skills with my love of travel, hospitality and Tasmania itself.

In 2020, I launched Storied Homes. Many people ask what a hosting specialist is, and the simplest answer is this – we're much more than property managers.

A hosting specialist focuses on creating memorable guest experiences while helping property owners maximise the return on their investment.

From property appraisals and styling advice to guest communications, marketing, pricing strategies and day-to-day hosting support, we help owners unlock the full potential of their short-stay accommodation.

Over the years I've seen many owners struggle with empty nights, underperforming bookings, guest management, cleaning challenges and the constant demands of being available 24/7. Others are considering entering the short-stay market but don't know where to start. That's where we can help.

I genuinely believe Tasmania offers enormous opportunities in the short-stay accommodation market when it's done well. My greatest pleasure is helping guests create lasting memories while giving property owners the confidence, freedom and financial return they deserve. After all, every home has a story – and I'd love to help tell yours.

Connection Really Was Key at TBC26

By **Alicia van Ek**

On Wednesday 27 May, I had the opportunity to attend the Tasmanian Business Conference at the panoramic Convention Centre in Devonport, hosted by the Devonport Chamber of Commerce and Industry.

The theme, Connection is Key, was evident throughout the day – not only in the presentations, but in the conversations and networking opportunities that brought together business owners, leaders and professionals from across Tasmania. One of the standout sessions for me was Dr Katherine Hunt's keynote, Decide Like a Human: How Ethical Thinking Beats Algorithms in the Age of AI.

Rather than focusing on the technology itself, she challenged the audience to think about the role humans should play in

decision-making. One question has stayed with me ever since: If you could choose your manager, would you prefer a human or an AI bot? It's not as simple as it first sounds. While AI may offer objective, results-driven decisions, there is still something powerful about human relationships, empathy and connection.

I was also inspired by Ant Williams' closing keynote, Fearless Under Pressure. His message about reframing fear and the power of positive thinking was both practical and motivating. Since then, I've caught myself replacing "I can't" with "I can" more often. I even purchased his book, which he kindly signed for my daughter to read when she's older.

The speakers were excellent, but for me, the greatest value came from the connections made throughout the day. A truly inspiring event and a reminder that learning and networking remain some of the best investments we can make.



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WHAT'S ON

For a full list of local events, visit the What's On page of our website:

<https://thecoastalvoice.au/whats-on/>



July 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Twilight Market 4pm-8pm Market Square Pavilion	4 Devonport Stamp & Collectables Club Winter Fair, Latrobe
5	6	7	8 North West Film Society Movie: The Ice Tower	9	10	11
12	13	14	15	16	17 Melbourne International Comedy Festival Roadshow	18 Market at Ulverstone Rowing Club
19	20 Central Coast Council Meeting Pg 5	21	22	23  Submissions for the August issue due today	24 Devonport Jazz Festival - See website for details	25 Devonport Jazz Festival and Devonport Farmers Market
26 Devonport Jazz Festival - See website for details	27 Devonport Council Meeting Pg 5	28 Burnie Council Meeting	29 Probus Club Christmas in July	30 Preston Community Conversation Pg 5	31	

Port Sorell - Devonport - Latrobe - Spreyton - Sheffield - Ulverstone - Penguin - Burnie - Wynyard and beyond

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